



Meaningful Movement Matters

Professional Development Workshop

Join us for a **FREE** workshop presented by **Central Coast Local Health District specialists in physiotherapy and occupational therapy.**

The session will focus on the importance of daily movement and the development of fundamental movement skills in children aged 3 to 5 years.

- Light refreshments
- Activities and resources
- Lucky door prize! One educator will win a \$100 HART Sport voucher for their service

Details:



Wednesday 16th September



Arrive from 4:30pm

Workshop from 5:00pm to 7:00pm



The Berkeley Community Centre

1-3 Heather Avenue,

Glenning Valley

Scan or click on the QR code to register



Contact 4320 9700 or email

CCLHD-HealthPromotion@health.nsw.gov.au

if you have any questions

Munch & Move

