



The Central Coast Healthy School Canteens Team are looking forward to supporting you in 2025!

How the Healthy School Canteens Team supports local school canteens:

- Offer professional learning workshops for canteen managers and staff.
- Apple Cart termly newsletter with updates, recipe ideas and links to training for canteen staff, P&C members and interested school staff. "Subscribe below".
- A closed Facebook group for canteen managers to share ideas, inspiration and provide answers to common questions.
- Healthy Canteens webpage with resources to support local canteens.

What's on offer in 2025?

- Canteen Network meeting, term 2, (date to be confirmed).
- Support to meet the NSW Healthy School Canteen Strategy via the Healthy Food Information Service on telephone 1800 930 966 or email healthyfood@health.nsw.gov.au.
- Central Coast Healthy School Canteen Award 2025 (see over page for details).

Subscribe to the
Apple Cart
newsletter



"I just love the network meetings - such a great chance for canteen managers to come together and get new information and discuss common issues."

Canteen Manager

Questions?

Contact the Healthy School Canteens Team (Chelsea, Michelle and Lesley) via 02 4320 9700 or CCLHD-canteens@health.nsw.gov.au



Central Coast
Local Health District



Register for Healthy
School Canteen
Award 2025

The Central Coast Healthy School Canteen Award 2025

The purpose of the Healthy School Canteen Award is to recognise and reward Central Coast schools for offering and promoting healthy food and drinks to their school community.

How does my school canteen achieve this award in 2025?

1. Demonstrate that your school canteen meets the NSW Healthy School Canteen Strategy by having a current Menu Check (due every 3 years).
2. Submit evidence of healthy food and drink promotions conducted by the canteen in 2025. Use the QR code above to register.

How do I know if my school canteen is due for a Menu Check?

- Your school will be emailed by the Healthy Food Information Service (HFIS) during the term your Menu Check is due. HFIS will provide details of how to submit a Menu Check.
- If your school hasn't passed a Menu Check within the past 3 years, contact HFIS for guidance on 1800 930 966 or email healthyfood@health.nsw.gov.au.
- If your school has a current Menu Check, awarded in 2023 or 2024, congratulations! You have achieved requirement #1.

All schools that achieve the Healthy School Canteen Award in 2025 will receive:

- A digital certificate that can be used to promote your school canteen via school communication channels.
- A red apple year sticker for the Big Green Apple Sign (primary schools).
- Entry into the **draw to win canteen equipment to the value of \$250**. This is drawn at the end of the school year.



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