

What is a standard drink?



**LIGHT
BEER**

425 ml | 2.7% alc/vol



**MID STRENGTH
BEER**

375 ml | 3.5% alc/vol



**FULL STRENGTH
BEER**

285 ml | 4.9% alc/vol



**REGULAR
CIDER**

285 ml | 4.9% alc/vol



SPARKLING WINE

100 ml | 13% alc/vol



WINE

100 ml | 13% alc/vol



FORTIFIED WINE

(e.g. sherry, port)
60 ml | 20% alc/vol



SPIRITS

(e.g. vodka, gin, rum, whiskey)
30 ml | 40% alc/vol

The standard drink is defined in the Australia and New Zealand Food Standards Code.