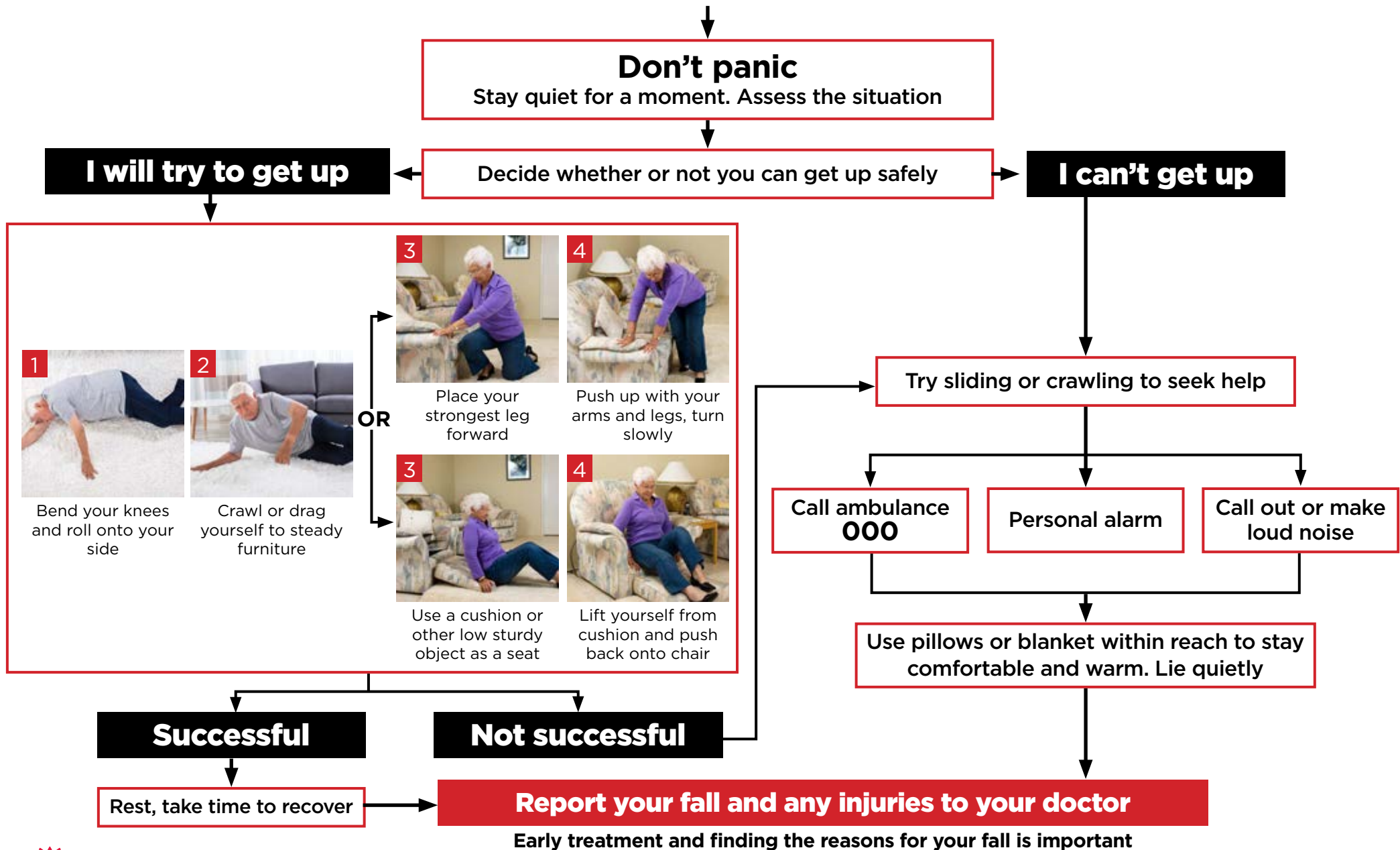


What to do if you fall at home



Health
Central Coast
Local Health District

For more information on how to avoid a fall visit www.healthpromotion.com.au or contact the Health Promotion Service on 4320 9700