Rice Paper Rolls

Description: Rice paper rolls are a fantastic light snack or meal

Season: Summer/Spring

Kitchen: No Serves: 14

Preparation time: 15 minutes
Cooking time: 30 minutes



85g x4 vermicelli noodles

4 juiced limes

Bean sprouts

Spinach leaves, shredded

3 carrots, finely sliced

2 capsicums, finely sliced

3 cucumbers, finely sliced

12x16 cm round rice paper wrappers

Sweet chilli/ salt-reduced soy sauce



Kettle

Large heat-proof bowl

Chopping Board

Sharp knife

Dessert spoon



Method

- 1. Put vermicelli into a large bowl and pour boiling water over to cover. Leave for about 5 minutes, then drain. Place in a bowl and toss through a tablespoon of salt-reduced soy sauce and lime juice
- 2. Dip rice paper wrappers, one at a time into a large bowl with very warm water until flexible only. Then lift out of water and place onto a plate to drain. Transfer to a dry board
- 3. Place about a dessert spoon of vermicelli across the centre of the wrapper, leaving 2cm at each end
- 4. Top with a little spinach, carrot, capsicum, bean sprouts and cucumber. Do not overfill
- 5. Fold in the sides and roll up firmly to enclose the filling
- 6. Serve with sweet chilli, or soy sauce

