

# Outside your house checklist

Answer **yes** or **no**

	<b>yes</b>	<b>no</b>	<b>if 'no' needs action</b>
1. Is the garden kept free of trip hazards, such as tools and hoses?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Do steps have a sturdy, easy-to-grip handrail?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Are paths and stairs around the house in good repair and free from clutter, leaves and litter?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Are the entrances and paths well lit at night?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Are non-slip treads or paint used on the edge of steps?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Is your ladder short and sturdy with slip-resistant feet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Suggestions

- Use a hose reel to store your garden hose
- Store garden tools safely
- Handrails on at least one side of steps
- Keep paths free from moss and leaves. Take extra care when it's wet
- Paths need to be flat and even
- Sensory lights that turn on automatically are recommended
- Paint the front edge of the step white or yellow with non-slip paint or apply non-slip adhesive strips to step edge
- Many falls result from the use of ladders. Try to avoid using a ladder or get someone to help you

