

Bathroom and toilet checklist

Answer **yes** or **no**

	yes	no	if 'no' needs action
1. Do you use slip-resistant mats or strips in the bathroom?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Are the soap, shampoo and towel within easy reach so you don't have to bend?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Are you able to get in and out of the bath or shower without holding onto taps or towel rails?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you have grabrails in the bath and shower?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Are you able to easily get on and off the toilet seat?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Are you able to walk into your shower without stepping over a raised edge or hob?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you have an outdoor toilet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Suggestions

- Wet areas are more likely to be slippery and therefore
- Take extra care when walking on a wet surface
- Avoid using bath oils
- Use a slip-resistant mat or strips in the shower recess and bath
- Slip-resistant flooring is recommended for bathrooms
- Grabrails are recommended in and around the bath, shower and toilet
- Remove hob on shower access if possible
- Use a commode instead of outdoor toilet if possible
- Slippery soap scum in showers and baths isn't always visible. Use an appropriate cleaning product to remove it

