



2012 Planner

- We Get Active Each Day ★
- We Choose Healthier Snacks ★
- We Turn off the TV or Computer and Get Active ★
- We Choose Water as a Drink ★
- We Encourage and Support Breastfeeding ★

Week	Mon	Tue	Wed	Thu	Fri	Sat/Sun
Jan 1	23	24	25	26 Australia Day	27	28/29
2	30	31	1	2	3	4/5
3	6	7	8	9	10	11/12
4	13	14	15	16	17	18/19
5	20	21	22	23	24	25/26
6	27	28	29	1	2	3/4
7	5	6	7	8	9	10/11
8	12	13	14	15	16	17/18
9	19	20	21	22	23	24/25
10	26	27	28	29	30	31/1
11	2	3	4	5	6 Good Friday	7/8 Easter Sat.
12	9 Easter Monday	10	11	12	13	14/15

Week	Mon	Tue	Wed	Thu	Fri	Sat/Sun
April 1	16	17	18	19	20	21/22
2	23	24	25 Anzac Day	26	27	28/29
3	30	1	2	3	4	5/6
4	7	8	9	10	11	12/13
5	14	15	16	17	18	19/20
6	21	22	23	24	25	26/27
7	28	29	30	31	1	2/3
8	4	5	6	7	8	9/10
9	11 Queen's Birthday	12	13	14	15	16/17
10	18	19	20	21	22	23/24
11	25	26	27	28	29	30/1
12	2	3	4	5	6	7/8

Week	Mon	Tue	Wed	Thu	Fri	Sat/Sun
July 1	9	10	11	12	13	14/15
2	16	17	18	19	20	21/22
3	23	24	25	26	27	28/29
4	30	31	1	2	3	4/5
5	6	7	8	9	10	11/12
6	13	14	15	16	17	18/19
7	20	21	22	23	24	25/26
8	27	28	29	30	31	1/2
9	3	4	5	6	7	8/9
10	10	11	12	13	14	15/16
11	17	18	19	20	21	22/23
12	24	25	26	27	28	29/30

Week	Mon	Tue	Wed	Thu	Fri	Sat/Sun
October 1	1 Labour Day	2	3	4	5	6/7
2	8	9	10	11	12	13/14
3	15	16	17	18	19	20/21
4	22	23	24	25	26	27/28
5	29	30	31	1	2	3/4
6	5	6	7	8	9	10/11
7	12	13	14	15	16	17/18
8	19	20	21	22	23	24/25
9	26	27	28	29	30	1/2
10	3	4	5	6	7	8/9
11	10	11	12	13	14	15/16
12	17	18	19	20	21	22/23
13	24	25 Christmas Day	26 Boxing Day	27	28	29/30