

SUN PROTECTION VIDEOS - K-6

The HPU have a variety of videos to loan Central Coast teachers free of charge

The videos may be sent to your school for a 2 week loan period

Bookings are required, and the school is responsible for return of video/s to the Health Promotion Unit at Brush Rd, Ourimbah.

To book the videos please contact:
Justine Gowland / Helen Kale
Central Coast Health Promotion Unit
Ph 4349 4815 / 4348 4914
Fax 4349 4866

“SAM SMART GETS SUNSMART” 14 MINUTES 15 SEC.

YEARS 3-4

Prevention of skin cancer -starts in an animation advertisement and proceeds to look at three different aspects of sun protection. The advertisement has children playing the roles. Teaching notes are also included which are linked to the curriculum.

SUN DAYS, FUN DAYS 13 MINUTES

Years K – 3 years

Follow Rosie, Matt and their friends over a week as each day highlights a new sun protection message. The kids learn how sun protection can be easy, cool and important. The video includes teachers notes with links into language and vocabulary curriculum areas.

“UNDER YOUR SKIN” 10 MINUTES

PRIMARY

This is a story about Brian who became sunburnt. The cells are talking to the brain to get Brian to become SunSmart. The story is told by way of cartoons.

NOTE It mentions 15 + sunscreen and not 30+ which is now recommended.

“BURN'T BY THE SUN” 11MINUTES

UPPER PRIMARY

Facts, attitudes, behaviour, UV rays and reflection, time of day, types of skin cancer, skin types, protection strategies, solariums and role modeling all discussed.

“THE PROTECTORS” 15 MINUTES

INFANTS / LOWER PRIMARY

Two women talk about the issues of hats, shade, skin types, time of day, brown is beautiful, UV rays and protection measures. Songs to sing. Then follows three children who don't protect themselves, along comes the UV rays (played by the two women) to burn the children until the Protectors come along and save the children. The Protectors are Slip, Slop and Slap. LONG BUT GOOD VIDEO.