

**HEALTH PROMOTING SCHOOLS 2005
INJURY PREVENTION AWARD**

CHECKLIST For Injury Prevention Award



☆ **To qualify** for the Injury Prevention Award in 2005, Schools must send to the HPU;

- A copy of the completed criteria sheet showing at least 3 activities that support each of the 3 areas ensuring that the essential criteria are met.

- A copy of the completed playground safety checklist

- Copies of school newsletter articles promoting safety and injury prevention.

Injury Prevention Useful contacts

CC Health Promotion Unit Injury Prevention Officer 4349 4811
Kidsafe
Kids Health (Westmead Kids Hospital)
NSW Playground Safety Advisory Unit

02 9845 0890
02 9845 3585
02 9845 0890

SchoolName: _____

Contact Person: _____



Injury Prevention Award 2005

Italics indicates essential criteria to meet. 3 activities required to support each of the 3 areas.

Curriculum, Teaching & Learning	School Ethos	Community Links
<input type="checkbox"/> <i>Teach safe living in the classroom –bus, bicycle, road, home, parks, beach etc</i>	<input type="checkbox"/> <i>Complete a playground safety checklist (attach)</i>	<input type="checkbox"/> <i>Include regular safety messages in the school newsletter (attach copies)</i>
<input type="checkbox"/> Practical demonstrations on how to use local crossings	<input type="checkbox"/> Student involvement in school safety issues	<input type="checkbox"/> Consult with Parents & bus companies on transport issues- safer routes to school
<input type="checkbox"/> Invite guest speakers eg: police, fire brigade, RTA, lifeguards, Bus Drivers (Safety Bus). Specify _____	<input type="checkbox"/> Identification of students at risk in staffroom	<input type="checkbox"/> Encourage parent/community participation in safety days –Yellow day, safety committees
<input type="checkbox"/> Hold a school safety day – Yellow day	<input type="checkbox"/> Critical incident policy in place/updated	<input type="checkbox"/> Police monitoring of speed in school safety zone
<input type="checkbox"/> Students look at related web-sites	<input type="checkbox"/> Supply protective sporting equipment	<input type="checkbox"/> Local media articles on safety issues at your school
<input type="checkbox"/> Class lessons on the safe use of playground equipment	<input type="checkbox"/> First aid kits easily accessed	<input type="checkbox"/> Involvement with Surf Lifesaving, Fire Brigade
<input type="checkbox"/> Provide inservice for teachers to promote safety, first aid, CPR	<input type="checkbox"/> Display injury prevention related signs/banners	<input type="checkbox"/> Invite the NSW Playground Advisory Centre to assess your play space – not free
<input type="checkbox"/> Child protection lessons K-6. Attach Scope and Sequence	<input type="checkbox"/> Ensure sporting equipment is well maintained	<input type="checkbox"/> Presentations on injury issues at P&C meetings
<input type="checkbox"/> Emergency procedures policy and drill (Attach)	<input type="checkbox"/> Active OH&S committee to oversee safety issues	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Provision made for parental drop off and pick up zones	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

A prize to the value of \$200 will be awarded to the school with the most innovative project for this category (This prize will be related to injury prevention). The requirements for this project are that they include activities/programs from the Formal Curriculum, School Ethos/Environment and Community Partnerships areas.

Give a brief overview of your initiative.

Activities/Programs to support the Curriculum Area.

Activities to support the School Environment/ Ethos Area.

Activities to support the Community Partnerships Area.



PLAYGROUND ADVISORY UNIT OF NSW

PLAYGROUND SAFETY INSPECTION CHECKLIST: AS 4685 -2004

Name of Playground/Reserve:		
Location:		
Name of Inspector:		
Date:		
Check List	✓ if OK "X" if not	Remarks
Undersurfacing:		
Is a minimum fall zone provided between equipment and other hard surfaces? Refer graphs.		
Is organic undersurfacing well maintained and of an appropriate depth? (minimum 250mm)		
Is synthetic undersurfacing securely fixed to ground?		
Is the fall zone free of rocks, stones, glass or other hard or sharp objects?		
Is there a border around the fall zone?		
Is the border of an appropriate material, free of splits, splintering and sharp edges?		
Is the area free from trip hazards?		
Is the drainage adequate?		
General:		
Is the free height of fall less than: 1. 1500 mm for SECC? 2. 2500 mm for all other settings?		
Are concrete footings at least 200mm below ground surface?		
Are manufacturing labels fixed to the equipment?		

Are timber items free from splitting (ie: less than 30% split in length &/or diameter)?		
Is the area free from loose or exposed bolts, nuts or nails?		
Is the equipment free from any cracking or splintering?		
Are timber or fibreglass items free from splintering, especially on sliding surfaces?		
Is the equipment free from rust?		
Is the area free from vandalism?		
Are there shaded places in the area (eg. purpose built, or provided by trees, neighbouring buildings, roof or platforms)		
Entrapment		
Is equipment free from potential head and neck entrapment: <ol style="list-style-type: none"> 1. No bound openings between 89 mm and 230 mm? 2. No unbound openings with entrapment? 		
No rigid circular opening with an internal diameter of 100mm to 230mm?		
Is equipment free from potential finger entrapment?: (no openings between 8mm to 25mm, 1200mm or more above ground)		
Do chain links have gaps smaller than the 12mm finger probe?		
Are inclined surfaces free from foot entrapment? (no greater than 30mm)		
Is equipment free from toggle/clothing entrapment? Check: <ol style="list-style-type: none"> 1. all access ways with forced movement 2. protrusions 3. spindles/rotating parts 		
Is moving equipment free from potential		

wedging or crushing points?		
Guardrailing:		
Are all infill panels vertical or solid?		
SECC: Platforms between 500 mm to less than 1200mm above ground: a.) guardrail 650 - 700mm above platform b.) barrier 700 mm or more above platform Platforms between 1200 mm and 1500 mm above ground: a) Barrier 700mm or more above platform.		
Other settings: a) Platforms more than 500 mm to less than 1200mm above ground, top of barrier to be no less than 700mm above platform. b) Platforms 1200mm to 2500 mm above ground, top of barrier to be no less than 900mm above platform.		
Access		
Are handrails appropriate to children's grip size? 16 mm to 45 mm nominal diameter.		
Are grabrails provided on all rungs, stairs, slides & platforms?		
Are grabrails positioned so as not to enable a step up to higher areas?		
Bridges:		
For bridges 500mm above ground level with flexible standing surfaces: Do bridges have handrails or an equivalent section for gripping on both sides?		
Are flexible surfaces fixed securely - eg. Are timber boards on clatter bridges securely bolted?		

Horizontal Ladders (Monkey Bars):		
Are handgrips of an appropriate size ie 16 mm min. to 45 mm max. nominal diameter?		
Are hand grips no more than 2.2 metres above the surrounding ground surface?		
Do deck guardrails restrict access to top of monkey bars?		
Track Ride:		
Is the hand grip no more than 2.2 metres above the surrounding ground surface? No more than 1.5m for Supervised Early Childhood		
Is the distance between the track ride handgrip and the support frame at least a minimum of 600mm on each side?		
Is the height between the handgrip and the take-off/landing surfaces no more than 1.6m?		
Are the decks a maximum height of 400mm above the ground level and a minimum length of 1 metre?		
Is the angle of the slide bed no more than an average 40 °? A maximum of 60°?		

Sandpits:		
Is the sandpit clean? Is it cleaned regularly?		
Is the sandpit free from hard or sharp edges?		
Is there an adequate sandpit cover?		
Is drainage sufficient?		
Is there sufficient shade over the sandpit?		
Is the sandpit separated from other areas?		
Is the sandpit large enough for number of users? (4-5sq.m per 2-3 children)		

STAFF		
Is there a Safety Management System in place?		
Is there an Accident Report procedure in place?		Keep documented records of <ul style="list-style-type: none"> • Equipment involved, including a photograph & manufacturers details • Details of how the accident occurred
Are reported accidents investigated?		

Additional Comments

IT IS RECOMMENDED THAT PLAYGROUNDS BE INSPECTED BY THE APPROPRIATE PERSONNEL ON A 6 MONTH MINIMUM BASIS. IT SHOULD BE NOTED HOWEVER, THAT THIS WILL VARY DEPENDING ON THE NUMBER OF USERS AND THE LOCATION OF THE PLAYGROUND.