

... about behaviour & Fall-ing

A preventable interactional accident

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Environment

NEW or old

FAMILIAR or unfamiliar

Internal and external

Novelty

Older

- Older people
 - Older Information more accessible
 - Older habits are harder to break
 - Difficult to keep up with information explosion
- ?? Health literacy
- Access and affordability of changing shoes> floor coverings>steps>electrical connections...

Newer

- Jargon
- Economics
- Pace of through-flow
- Access to home-care
- Live-alone
- Failure to plan for nitty-gritty of old-age
- Failure to adapt to burden of illness

Un-familiarity

Care-giver

consumer

context

person

More falls

More sedating

More medication errors

Person-able context

Consumer

- Pre-morbid functioning
- Accumulated assaults on health..fitness..weight
- Good day ?Bad day
- Trauma
- Culture
- Language (1,2,3...)

Care-giver

- Current functioning
- Wellness
- Good day ? Bad day
- Trauma
- Culture
- Language and awareness /implementation of second language acquisition information and utilisation

communication

- Falls often occur after an interaction with a care giver
- Disturbed attention
- Disconnected message
- Delegation

Disturbed attention

- Consumer
- Preoccupied
- Unfamiliar with carer purpose
- Attempts to follow messaging,
- Unable to focus
- Unable to adapt to carers' trajectory
- Care giver
- Pre-occupied
- Unfamiliar with person's needs
- Messaging on the move
- Called away...
- Formal responsibilities

Disconnections

- Consumer
- MMSE score guide only
- Dementia effects individuals in different ways
- Communication pathways disconnected
- Unable to change
- Carer
- Presumes score is global
- Treat by diagnostic inference
- Unfamiliar with detail
- Can change approach

DELEGATION

- CONSUMER
 - Interrupted message meets disconnected path
 - Short attention span
 - Doesn't comprehend bus-stop approach to service
 - Unable to match question to gap
- CARE GIVER
 - Lack of awareness in handover
 - Accepts stock phrases as 'understanding'
 - Accepts confabulation as 'the story'
 - Presumption of mood as person-ality
 - Concerned with role

Equip yourself...

- Intricacies of language
- 3 D's
- 4 R's # reflect, relate and re-act, reflect and repeat in another way.
- Don't be afraid to mime, demonstrate yourself and ask person to show understanding
- See yourself as a therapeutic tool
- Know policies- restraint
- Learn about capacity for context
- Think creatively
- if it doesn't work try something else