

Green and amber

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10c items

Frozen in ice cube trays with or without a ½ paddle pop stick :

- Flavoured milk
- Custard - individually on paper or in plastic cup.- very popular
- Over ripe fruit mashed
- Strawberries - ½ or whole
- ½ banana dipped on OJ and rolled in coconut

- natural jelly with fruit cubes
- grapes, OJ ¼'s



Fruit and veg

- Strawberry on ½ pp stick dipped in yoghurt
- Individual dried fruits - apricot, date, apple.
- Banana chips
- Thin slice pear with strawberry on ½ paddle pop stick (DVD)
- Carrot/celery stick tipped with healthy dip.
- Popcorn in small white lolly bag (popular as looks like a lot!)
- Celery logs, carrot sticks- (good old fashioned still popular)



Breads and cereals

- Bread (eg Grissini) sticks
- ¼ slice toast with vegemite,
- 1 slice garlic bread off French stick (Main bakery here does these wholemeal)
- Mini Wheats - individual
- Fruity Bix - individual

- Pretzels
- Small (20c size) pikelets
- rice crackers
- corn wafers
- cruskets and vegemite.



