

MINUTES OF THE NORTHERN BEACHES SCHOOL CANTEEN NETWORK

Frenchs Forest Public School, Wednesday, 12th May 2010

Present: Shirley Rutter, Sam Shipway, Sue Abrahams, Tae Gessber, Tina Nardo, Donna Dixon

Apologies: Eve Clark, Nick Petrunoff

Representatives: Andrew Wall from Probert Food Brokerage – Tukka Tubz

Guests:

Richard Beauchamp, school parent and hospitality industry employee, gave a demonstration on how to sharpen knives and effective ways of chopping and slicing foods such as onions, carrots, tomatoes, apples.

Taste Test

Slices from Nestle sampled at the Food Expo in March are going to be displayed at the next meeting at Wheeler Heights with samples. They were supposed to be attending tonight's meeting but their products were not available.

Canteen Expo

No bus this year. Shirley commented it was a better Expo this year with good talks and product variety. It would be beneficial for the organisers to divide talks up into beginners and advanced, i.e.: some for new canteen managers/ convenors and some for experienced canteen managers/convenors.

Tina attended a round table discussion which she thought came up with some good ideas.

Canteen Tour

There will be no tour this term at Epping Boys to change of staff. New date and possibly a new venue are to be confirmed.

High School Network Meetings

Meeting held at Epping Boys High School in term 4 last year, attended by a few schools. Discussed the need to hold these meetings twice a year. They are run by the Canteen Association. Not enough interest for the meeting in Term 1 this year.

Healthy Kids School Canteen Awards

Flyer is out asking to nominate for the Canteen Awards, 5 different categories. Entries to be in by end of term 2.

Website for Health Promotion: www.healthpromotion.com.au and click on Northern Beaches to view.

Update on National Strategy

Shirley spoke about the National survey which Willoughby participated in. If it goes ahead all states will have the same criteria and same practices which would be much better for canteen managers.

Resource Book

Any recipes or ideas for sharing, this is the place to do it. Any additions will be gratefully received.

Publications & Correspondence.

Sydney Markets sent out their new brochure last week.

Health Promotion Updates

- **Seeding Grants:** There are seeding grants out. Worth up to \$1,000. Closing date is 11 June 2010.
- **Ready, Set Grow:** School gardens program run for Northern Beaches Schools to help support school gardens. Last workshop on 28 July. See Eve for details.

Fruit & Veg month: In 2010 Fruit 'n' Veg Month will run from 30th August to 24th September (week 7 – 10 Term 3) – a flier would have been sent to your school. Your classroom and whole of school events can be celebrated during any week in this period and for more than one week if desired. This year the very successful Sydney Markets and Canteen Campaign runs at the same time as the classroom promotion, so students are encouraged to make healthy choices at the canteen while learning about healthy eating during lessons.

School Resource Packs are available to the first 650 schools to register. Call the Fruit 'n' Veg Month Co-ordinator on (02) 9876 1300 or 1300 724 850.

Questions and Answers

A long discussion was held on the issue of enticing volunteers, how to keep them and the best way of communicating the need for volunteers within individual schools. Shirley suggested using the class parent network to target volunteers for specific dates and duties.

Next Meeting

Wheeler Heights, 11 August, Term 3

Allambie Heights, 10 November in Term 4 (to be confirmed)

Meeting closed at 9.30pm