

MINUTES OF THE NORTHERN BEACHES SCHOOL CANTEEN NETWORK

Davidson High School, Wednesday, 17th February 2010

Present: Sam Shipway, Ros Thompson, Tina Nardo, Donna Dixon, Carissa Nottle, Shirley Rutter, Karen Brouwer, Petra Morrell, Kath Kelly, Zoe Langer, Coralie Turner, Dee Monatgue-Jones, Eve Clark.

Representatives: Katrina from "Flats" and John from "D'Licious Drinks"

Guests: Emma Lynch, Waste Education Officer, Manly Council, Robynne Millward from Manly Environment Centre

Shirley Rutter welcomed everyone and it was great to see some new members.

Product presentation:

"D'Licious Drinks and Fine Fettle.

Green Canteens:

It was found many canteens are doing what they can to be more sustainable but have various levels of support available to them at their schools.

Robynne Millward from the Manly Environment Centre (MEC) spoke about 'green canteens', recycling, worm farming, and waste – if anyone would like more information about 'green canteens' and to see the DVD, contact 9976 2842 or www.mec.org.au. They are open 9-5am, Mon-Fri on Belgrave St, opposite the tennis courts.

Emma from Manly Council spoke about workshops for an eco F&V garden for your school. Contact Eve on 9976 9826 to register your interest.

Emma also discussed what canteens can do around sustainability such as reduce packaging, ask your distributor to keep packaging to save the school paying to remove waste, purchase biodegradable packaging e.g. corn starch, compost F&V scraps (this also saves the school paying to have the waste removed).

The pros and cons of recycling were discussed. The whole school needs to get on board. It was suggested to Emma that she needs to target Principals to get their support.

Canteen Expo: 9 March – RSVP to Healthy Kids and Eve – bus depends on numbers. There are various sessions to attend; a very informative program is planned.

Website: Eve has asked for comments on the website www.healthpromotions.com.au (click on Northern Beaches). There will be extracts from the minutes placed on the site.

National Strategy: Shirley provided an update on the National Strategy that Willoughby Primary/High Schools and Epping Boys High are taking part in.

Resource Book: is available to borrow: it contains various recipes, calendar and flyers, information about Healthy Kids and School Canteens. If you have recipes or info to share it can be added to the book.

For those new schools that have come tonight you can purchase the Fresh tastes folders and DVDs: Fresh Ideas for Healthy School Canteens from Healthy Kids Assoc. for about \$50. Contact: 9876 1300, www.healthy-kids.com.au.

High School Network meeting: The next High Schools Network meeting is on 23rd March 2010 at Chatswood High, 3.30pm-5.30pm. Contact Kay Ellison on 9876 1300

Health Promotion Update:

Next Canteen tour will be at Epping Boys High run by Judy who has over 21 years experience working in Girls and Boys High Schools.

Nick our resident Nutritionist will prepare a talk for one of the meetings. Discussed potential topics.

Next meeting: Wednesday, 12th May at Frenchs Forest Primary School. Contact Tina Nardo on 0405624240.

Term 3: Wednesday, 11th August at Wheeler Heights Primary School

Term 4: Wednesday, 10th November at Allambie Primary School **(to be confirmed)**

NB: If you have not received the minutes or agenda as sometimes they get lost in transit, please contact Eve on 9976 9826 or look on www.healthpromotion.com.au. Eve will email the minutes to all meeting attendees whose email addresses she has and post them on the website. The agenda will be faxed or emailed about 2 weeks prior to a meeting.

Meeting Closed: Thanks for coming and thank you for your support!