

WHEELER BITES CANTEEN - Menu Term 1 2010

- Clearly mark your child's name and class in the middle of the bag (see over for details). Bags supplied by the Canteen are 10c.
- **NO LUNCH ORDERS FOR CHILDREN PLAYING PSSA SPORT ON FRIDAYS**
- (G) Indicates a green rated item which is encouraged. (A) Indicates an amber rated item - please select these items carefully.
- Canteen telephone 9971 8352 Hours 8.45am to 1.50pm.

DAILY SPECIALS

Available on these days only

MONDAY

SUSHI \$2.50

(Please specify chicken or cooked tuna)

TUESDAY

POTATO WEDGES \$2.50

(in a carton with your choice of sauce)

With sour cream **\$2.80**

& **Chicken Burgers** with lettuce & mayonnaise

WEDNESDAY

NACHOS \$3.00

(corn chips topped with meat sauce & cheese)

With sour cream **\$3.30**

THURSDAY

HOT DOG \$2.50

(with tomato sauce)

FRIDAY

SUSHI \$2.50

(Please specify chicken or cooked tuna)

SANDWICHES

Butter	\$1.00	Ham	\$2.50
Vegemite	\$1.20	Chicken	\$2.50
Cheese	\$1.50	Salad	\$2.50
Egg	\$2.00	Ham Salad	\$3.00
Tuna	\$2.50	Chicken Salad	\$3.00
Sandwich Extras:			
Cheese	.30	Tomato	.30
Egg	.50	Sauce	.20

ROLLS add 30c

WRAPS add 50c

Add 30c to heat rolls/wraps in foil in pie warmer

All sandwiches, rolls and wraps are Green items



SALAD BOX

All Salad Boxes include lettuce, tomato, carrot, beetroot and cucumber and are Green items.

Garden Salad	\$3.00	Salad Extras:	Cheese	.30c
Ham/Chicken/Tuna Salad	\$3.50		Egg	.50c
Caesar Salad (lettuce, egg, ham, croutons)	\$3.50		Dressing	.20c
Chicken Caesar	\$4.00		(French / Italian)	

JAFFLES

Spaghetti	(G)	\$2.00	Jaffle Extras:	Cheese	.30
Baked Beans	(G)	\$2.00		Tomato	.30
Cheese	(G)	\$2.00			
Ham	(G)	\$2.80			

HOT FOOD

Snack Pie	(A)	.80	Chicken Wedges - pack of 3	(A)	\$2.00
Cheese & Bacon Roll	(A)	\$1.50	Pie - large	(A)	\$2.50
Sausage Roll	(A)	\$2.00	Twista Bolognaise	(A)	\$3.00
Hawaiian Pizza Single	(A)	\$2.00	Tomato Sauce Portion		.20

BAKERY ITEMS

A variety of fresh baked goods are available for counter sales only. These may include muffins, cookies and slices. Prices range from 20c to 50c.

SNACK FOOD

Fresh Fruit seasonal	(G)	.60	
Fruit Salad	(G)	\$1.50	
Apple Spiral	(G)	.60	
Garlic Bread	(A)	.50	
Popcorn (full bag only)	(G)	\$1.00	
Finger Bun (full / half)	(A)	\$1.50 / .80	

DRINKS

Water 600ml		\$1.00
100% Juice 200ml	(G)	\$1.00
<i>(apple, orange, apple blackcurrant)</i>		
Flavoured Milk 300ml	(G)	\$1.00
<i>(chocolate, strawberry, banana)</i>		
Sparkling Water	(A)	\$1.50
<i>(lemon, grape, strawberry, guava)</i>		

FROZEN FOOD

Frozen Orange Quarter	(G)	.10	Shot Cups	(G)	.20 <i>(various flavours as available)</i>
Frozen Pineapple Ring	(G)	.40	Juicee <i>(frozen juice)</i>	(G)	.60 <i>(tropical or wildberry)</i>
Frozen Milk Cup	(G)	.70	Icy Pole	(A)	\$1.00 <i>(lemonade or raspberry)</i>
GoGurt <i>(frozen yoghurt)</i>	(G)	.70	Slushy <i>(summer)</i>	(G)	\$1.50 <i>(cola or tropical)</i>